

VALUES / IMPACTS SHEET

1. Look at all the values in the list and choose **three** that are really important to **you** in **your work**. Add any particular important values to the list if required.

2. Write your three values in the spaces below.

3. Think about how each of the three values influences or impacts your work.

For example, one of the values could be *encouragement*, and the value's impact could be *I always offer positive feedback*.

Some values may have a number of impacts.

4. Write the impacts in the spaces under the values.

Discuss the results.

- | | |
|-------------------|-----------------|
| 01 ACCEPTANCE | 30 LEADERSHIP |
| 02 ACHIEVEMENT | 31 LEARNING |
| 03 ADVENTURE | 32 LOVE |
| 04 BEAUTY | 33 LOYALTY |
| 05 CHALLENGE | 34 NATURE |
| 06 COMPASSION | 35 NURTURE |
| 07 CONNECTION | 36 ORDER |
| 08 CONSISTENCY | 37 PASSION |
| 09 COURAGE | 38 PATIENCE |
| 10 CREATIVITY | 39 PEACE |
| 11 DIGNITY | 40 POWER |
| 12 ENCOURAGEMENT | 41 RESPECT |
| 13 FAIRNESS | 42 SAFETY |
| 14 FAMILY | 43 SECURITY |
| 15 FREEDOM | 44 SELF RESPECT |
| 16 FRIENDSHIP | 45 SENSUALITY |
| 17 FULFILMENT | 46 SERVICE |
| 18 FUN | 47 SPIRITUALITY |
| 19 GRATITUDE | 48 STRUCTURE |
| 20 HAPPINESS | 49 SUPPORT |
| 21 HEALTH | 50 TRUST |
| 22 HOME | 51 WEALTH |
| 23 HONESTY | 52 WINNING |
| 24 HOPE | 53 WISDOM |
| 25 INDEPENDENCE | 54 |
| 26 INNER PEACE | 55 |
| 27 INNER STRENGTH | 56 |
| 28 INTEGRITY | |
| 29 JOY | |

Value 1:

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Impacts:

Value 2:

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Impacts:

Value 3:

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Impacts: